



~ Cape Cod ~

"I'll be your bagel tonight!"

### Catering Menu

At Jomama's we use only quality ingredients (many organic) and prepare all orders the day of the event to ensure the utmost freshness. We want your guests to rave about the food!

Rick and Christy have a combined 35 years experience in the hospitality industry. We have worked with some of the top chefs in New England and have coordinated hundreds of events from office meetings to weddings and cocktail parties. Let us do the work for you so that you can enjoy your event!

Ask for out full catering menu or visit our website.

### Smoothies

\$4.75

These are the best and so good for you!!

All fruit and juice with no sugar added.

A delicious frozen, fruity, refreshing concoction!

#### Tropical

Pineapple, Banana & Mango

#### Pink Flamingo

Strawberry, Banana & Peach

#### Mang-Cado

Mango, Strawberry, & Avocado

#### Blue Moon

Blueberry, Mango, Banana & Pineapple

#### Create Your Own

\*All Smoothies are blended with your choice of orange juice or milk

Sub Soy Milk .75

Add Organic Yogurt .50

Boosters: Protein Powder, Spirulina or Lecithin 1.00

### Organic Coffee and Espresso

All of our coffee is fresh roasted, ground and brewed. They are organic, shade grown and fair trade which means they are good for you, good for the Earth and good for the farmers.

All available in regular and decaf!

	Small	Med	Large
<b>Coffee</b>	1.75	2.00	2.25
<b>Espresso</b> - Velvety smooth & rich	1.60	2.10	
<b>Café Latte</b>	2.75	3.25	3.50
Espresso, steamed milk, dollop of cream			
<b>Cappuccino</b>	2.75	3.25	3.50
Espresso, equal parts milk and foam			
<b>Café Au Lait</b> - Coffee, steamed milk	1.80	2.00	2.20
<b>Chai Tea</b>	2.75	3.25	3.50
Spiced, Vanilla, Decaf, Sugar Free			
<b>Americano</b> - Espresso & water	1.95	2.15	2.50
<b>Breve</b> - Espresso & steamed 1/2 & 1/2	2.70	3.25	3.65
<b>Macchiato</b> - Espresso & dollop of foam	1.95	2.30	
<b>Espresso con panna</b> - Espresso, whipped cream	2.00	2.35	
<b>Café Mocha</b> - Espresso, melted chocolate & steamed milk	3.25	3.75	4.25
<b>Carmelatte</b> - Espresso, steamed milk, liquid caramel	3.25	3.75	4.25
<b>Hot Chocolate</b>	2.55	2.85	3.15
<b>Iced Coffee</b> - High test or decaf		2.00	2.20
<b>Steamers</b>	2.00		
<b>Extra Shot</b>	.50		
<b>Numi Tea (Extra bag .50)</b>	1.50		
<b>Add flavor Shot</b>	.50		
<b>Substitute Soy Milk</b>	.75		

### Coffee By The Pound

Organic High Test 13.00

Organic Decaf 13.00

### Iced & Frozen

<b>Frozen Cappuccino</b>	4.25	4.75
<b>Frozen Café Mocha</b>	4.50	4.85
<b>Chai</b>	4.25	4.75
<b>Iced Café Latte</b>	3.55	3.80
<b>Iced Café Mocha</b>	3.80	4.05
<b>Iced Carmelatte</b>	3.80	4.05



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## JoMama's New York Bagels & Coffeehouse

"Baked Daily!"

*Offering an eclectic selection of healthy and delicious soul-nurturing food, coffee, espresso and drink.*

Before placing your order, please inform your server if a person in your party has a food allergy.

125 Rt. 6A  
Orleans, MA 02653  
508.255.0255

Visit our website @  
[JoMamasCapeCod.com](http://JoMamasCapeCod.com)  
for more information

**OPEN DAILY**  
**6:00 am - 6:00 pm**

## Bagels

Our bagels are delivered from New York and baked fresh in our oven daily.

**.95 each ~ 5.50 1/2 dozen ~ 10.00 dozen**

Plain, Sesame, Garlic, Pumpernickel, Onion, Cinnamon-Raisin, Whole Wheat, Multi-grain, Salt, Everything, Egg, Poppy, Blueberry Spinach, Sundried Tomato, Garlic Bialy, Jalapeno

### Cream Cheese (Plain) 2.50

Smoked Mozzarella & Sundried Tomato, Scallion, Garden Vegetable, Horseradish-Scallion, Garlic Herb, 3-Pepper Diablo, Olive, Lox, Maple-Walnut Raisin, Blue & Brie Pepper, 3.00

### Lite Cream Cheese (Plain) 2.50

Spinach Vegetable, Strawberry 3.00

### Other Spreads

Hummus 3.00

Tofu Cream Cheese 3.00

Peanut Butter (Smooth or Crunchy) 3.00

Jelly (Grape, Strawberry, Raspberry) 3.00

Peanut Butter & Jelly 3.50

### Breakfast Sandwiches

Choice of Bagel, Croissant, Ciabatta, Focaccia, Whole Wheat or Spinach Wrap, 7 Grain Bread

Egg, Cheese & Meat (Bacon, Ham or Sausage) 3.25

**Jose Madres**-Egg, Cheddar, Avocado, Salsa 4.00

**The Shroom** - Roasted Portabella & Provolone Cheese Omelet 4.50

**Meat Lovers** - Sausage, Ham, Bacon & American Cheese Omelet 4.50

**The Western** - Ham, Red Pepper, Onion & Cheddar Cheese Omelet 4.50

**Veggie Lovers** - Tomato, Scallion, Roasted Red Peppers, Avocado, & Muenster Omelet 4.50

\* Sub Soy Bacon, Sausage or Cheese .75

### Other Good Morning Stuff

Homemade Granola, Fruit & Yogurt 6.00

Croissants- Plain or Flavored 2.50

Cinna- Mini's 1.00

Muffin Head 1.75

## Hot Sandwiches

**The Kickin Chicken** 6.75  
Chicken, Basil, Melted Mozzarella and Chipotle Mayo

**El Diablo** 6.75  
Black Bean Burger with Spicy Pepper Spread, Black Bean & Corn Salsa, Lettuce & Tomato

**The ABC** 6.75  
Applewood Smoked Bacon, Caramelized Onion Aioli, Avocado, Tomato, and Melted cheddar

**Reuben** 6.75  
Melted Swiss, Sauerkraut & Russian Dressing  
Corned Beef or Turkey

**The Mellow Mushroom** 6.75  
Oven Roasted Portabellas, Roasted Red Peppers, Melted Provolone & Pesto

**The Cuban** 6.75  
Ham, Roast Pork, Melted Swiss with Pickles, Mustard and 3-Pepper Diablo Spread

## Cold Sandwiches

**The Godfather** 6.75  
Fresh Mozzarella, Tomato & Basil with EVOO & Balsamic Vinegar

**The Sol Surfer** 6.75  
Chicken, Pesto Mayo, Sun-dried Tomato Spread, Field Greens

**The Toga Wrap** 6.75  
Hummus, Feta, Olive Tapenade, Tomato, Cucumber, Lettuce & EVOO Vinaigrette

**The Tom & Berry** 6.75  
Turkey & Brie with lettuce and Spicy Cranberry Relish

**The Scotia** 6.75  
Atlantic Smoked Salmon, Cream Cheese, Red Onion, Tomato & Capers

**Mediterranean Chicken** 6.75  
Chicken Breast, Artichoke Dijon Spread, Roasted Red Peppers & Olive Tapenade

**Scary Mary** 5.00  
Bacon, Tomato, Scallions & 3-Pepper Diablo Spread

**Coconut Curry Chicken** 6.75  
Chicken Breast, Spicy Thai Slaw with Pineapple

**Chicken Salad** 6.75  
Chicken Breast, Cranberries, Walnuts, Mayo, Lettuce

**Chicken Club** 7.00  
Chicken Breast, Bacon, Swiss, Avocado with Lettuce, Tomato & Mayo

## “Eat To Your Own Beat”

**\$6.75**

### Breads (Choose one)

Bagel, Focaccia, Ciabatta, Croissant, 7-Grain bread, Whole Wheat Wrap or Spinach Wrap

### Meats (Choose one)

Ham, Turkey, Hummus, Black Bean Burger,

Chicken Breast, Corned Beef, Roast Pork,

### Cheese (Choose one)

American, Cheddar, Swiss, Provolone, Muenster

Fancy Cheeses ... (Add .75)

Feta, Brie, Goat Cheese, Fresh Mozzarella,

Soy Cheddar, Soy Pepperjack

### Toppings (Choose up to three)

Lettuce, Tomato, Onion, Scallions, Sprouts, Capers,

Avocado, Roasted Red Peppers, Cucumber, Pickles,

Shredded Carrots, Kalamata Olives, Portabella Mushroom,

Black Bean & Corn Salsa, Cranberry Relish, Pesto

## Salads

### Thai Lettuce Wraps

Chicken Breast, Spicy Thai Slaw, Slivered Almonds & Sesame Dipping Sauce With Whole Romaine Leaves for Wrapping 6.75

### The Wicked Coddler

Chicken Breast, Blue Cheese, Green Apple, & Candied Walnuts, Cranberries, with Cranberry Vinaigrette 6.75

### Chicken Ceasar

Chicken Breast, Romaine, Parmesean Cheese, Hard Boiled Egg, and Homemade Focaccia Croutons 6.75

### Cobb Salad

Chicken, Applewood Smoked Bacon, Bleu Cheese, Hard Boiled Egg, Grape Tomatoes, with Ranch Dressing 6.75